

# The NHS is working hard to protect us all through vaccinations, but everyone can play their part.

Here's what you can do to look after yourself and those around you at work and at home:



**Get vaccinated** when invited to do so by the NHS



**Remember 'hands, face, space'** and follow safety measures, even after being vaccinated



**Encourage your friends and family** to be vaccinated too



**Remind others that the vaccine is safe** and suitable for all genders, races and faiths

Let's work together to keep each other safe.

