



## RSSB want your views on suicide prevention

The Network Rail and Samaritans joint suicide prevention programme was introduced in 2010.

Suicide prevention is a really important topic for the rail industry. Suicides account for over 200 fatalities a year on average. Rail staff can be seriously emotionally affected by witnessing a suicide and dealing with the aftermath. Suicides also result in significant disruption for passengers and costs for the industry.

RSSB and the Tavistock Institute are currently evaluating the Network Rail and Samaritans joint suicide prevention programme, which is supported and endorsed by ASLEF, as part of research project T845 'Improving suicide prevention measures on the rail network in Great Britain' which is sponsored by the National Suicide Prevention Steering Group.

Rail staff are key to helping reduce the number of suicide attempts occurring on the network. We want your views on how well the programme is working so far. Therefore, RSSB is conducting a survey of staff regarding:

- Participation in suicide prevention programme activities
- Views on the programme's effectiveness
- Attitudes about suicide
- Experiences of suicide on the railway
- Examples of interventions that might have prevented a suicide on the railway
- Your ideas for how the suicide prevention programme could be improved further.

We are interested in hearing from station staff, train drivers, mobile operations managers and any other members of staff who might encounter a member of the public who is suicidal or get involved in dealing with a suicide incident. We would like to hear from people who have participated in programme activities and those who have not.

We would really appreciate your input. Some companies will be distributing paper copies of the questionnaire or you can complete it online by going to:

<https://www.surveymonkey.com/s/suicides>

This is a potentially distressing topic. We value responses to any of the questions. Samaritans are available for support if you find any of the subject areas raised in this questionnaire upsetting (Telephone: 08457 90 90 90 or email: [jo@samaritans.org](mailto:jo@samaritans.org)). It should take approximately 25 minutes to complete. Your answers will remain anonymous you do not need to answer every question if you do not feel comfortable to do so. We really appreciate your time and effort in completing this questionnaire

Please send any enquiries to [enquirydesk@rssb.co.uk](mailto:enquirydesk@rssb.co.uk)